



26 April 2016

## **SKY SPORTS VISIT – ALISTAIR PATRICK – HESELTON**

Dear Parents,

I am delighted to inform you that we have a VIP visitor returning to school on **Wednesday 4<sup>th</sup> May 2016** to work with students from Year 5-10. Alistair Patrick-Heselton is a Paralympic Footballer who gained a silver medal in the 7-a-side 2012 Paralympic World Cup.

Alistair is part of the '**Sky Sports Living for Sport**' team who use sports role models and the skills learnt through sport to help build confidence and develop life skills in young people. At the heart of the initiative there is a team of over 90 world-class **Athlete Mentors** who are developing relationships with schools to deliver a life skills programme known as the **Six Keys to Success**.

The Six Keys to Success are:

- Mental Toughness
- Hunger to Achieve
- Sports & Life Knowledge
- Breaking Barriers
- Planning for Success

The students will be off timetable for approximately 2 hours during the day and they will be working with Alistair (and the Webber PE team) to develop their self-confidence, improve their self-esteem as well as practising their social skills and learning to work together in order to become successful. **Please can you ensure that your son/daughter comes to school in their full PE kit on Wednesday 4<sup>th</sup> May.**

I am pleased to confirm that there will be no costs to students to participate in this unique event.

This is a fantastic opportunity for our students to develop and learn life skills through interaction with a highly successful sporting role model, learning skills that can translate into everyday life making them confident and successful young people.

I look forward to a highly enjoyable and rewarding day with our students.  
Yours sincerely,

Miss D. Mitchell  
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